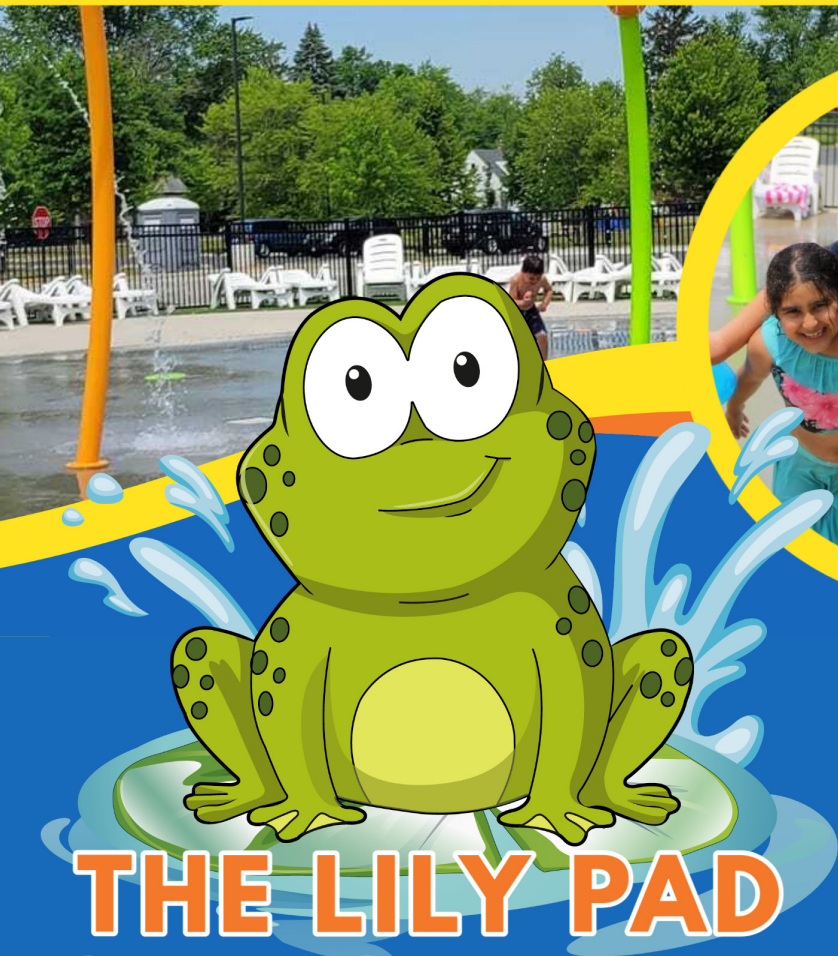


Spring/Summer Activity Guide 2025



MIDLOTHIAN
PARK DISTRICT

OPENS: JUNE 2



THE LILY PAD SPLASH PARK

Grab your tadpoles and leap
on over to our Splash Park.

ADMISSION

DAILY DROP IN

\$2 R/\$4 NR

20 VISIT PUNCH CARD

\$20 R/\$60 NR

ONLY VALID FOR 2025 SEASON

SPLASH HOURS

MONDAY – FRIDAY 11:00 AM – 6:00 PM

SATURDAY & SUNDAY 11:00 AM – 3:00 PM

HOURS MAY CHANGE DUE TO WEATHER



PRIVATE PARTIES

**BOOK US FOR YOUR NEXT
EVENT.**

**INCLUDES: 1 1/2 HOUR RENTAL, 15 MINUTES
BEFORE & AFTER FOR SET UP AND CLEAN UP,
2 TABLES, ATTENDANT**

\$125 R/\$150 NR

PARTY HOURS

**MONDAY – FRIDAY
6:30 – 8:00 PM**

**SATURDAY & SUNDAY
3:30 – 5:00 PM**

PLEASE SEE RULES FOR MORE DETAILS

MIDLOTHIAN PARK DISTRICT
14500 S. KOSTNER AVENUE | 708-371-6191 | WWW.MIDLOTHIANPARKDISTRICT.ORG

Letter From the Executive Director, Edward Jung



While the weather outside may not be as warm as some may like, we can look forward to longer days, sunshine, flowers blooming, and all the activities that Spring and Summer bring soon. Once the warmer weather moves in that means there will be more opportunities to get outside and enjoy one of our many parks and outdoor walking paths.

We are pleased to announce the Midlothian Park District has been awarded the OSLAD grant to enhance Memorial Park. New amenities will include pickleball courts, outdoor fitness equipment, outdoor ping pong table, a pollinator garden with bug houses, a community gathering area, and a brand new playground. Memorial Park will become an even better destination for outdoor fun and recreation!

The Midlothian Park District also received a subgrant from The Morton Arboretum Chicago Region Trees Initiative. This grant will support the district with a full tree inventory, pruning and removal, and planting of new trees on our properties including Roesner and Memorial Park.

As always, our brochure is filled with activities for all ages. From day camp to sports classes to fitness to day trips and lunch club, there is something for everyone. Day Camp is a great opportunity for kids to keep busy this summer by playing games, making crafts, and going on field trips. If you are looking for a place to cool off, the Lily Pad Splash Park will open in June. Our lunch club meets on the second Wednesday of the month. Sign up to enjoy delicious food from local restaurants as well as enjoy the company of others. This summer, we will continue with our summer concerts and movie in the park. Information about the concerts and the movie can be found in this brochure as well as on our website and social media.

Don't forget we also have rental spaces available at the Athletic and Recreation Center. Whether it's a kid's birthday party, small group or a large family gathering, we have a place for you! You can even rent the Lily Pad Splash Park for a party.

Lastly, we encourage you to share your ideas for programs and facilities with the Board and Staff. Board meetings are held every third Thursday of the month at the Athletic and Recreation Center beginning at 6:00 pm.

Board of Commissioners



Rose Pilny
President



Mike Kohlstedt
Vice President



Mike Callahan
Commissioner



Jerry Gleason
Commissioner



Frank Pierson
Commissioner

Board of Commissioners

The Midlothian Park District Board of Commissioners consists of five individuals who are elected by the community to represent the community's best interest. The charge of the Board is to set policies that will guide the park district. Board members serve a six-year term and receive no compensation for the time they give. They come from a variety of backgrounds, but share a commitment to serving the park and recreation needs of the community. The public is invited and encouraged to attend these meetings. The dates are posted at the Athletic & Recreation Center and on our website.

4 General Information

Board of Commissioners

Rose Pilny, President

Serving since 2016

Mike Kohlstedt, Vice President

Serving since 1995

Mike Callahan

Serving since 2023

Jerry Gleason

Serving since 2022

Frank Pierson

Serving since 2023

Administrative Staff

Edward Jung

Executive Director

Jennifer Yuska

Superintendent of Recreation

Patrick Lemar

Superintendent of Maintenance

Sarah Pitcher

Business Manager

Angela Czub

Recreation Supervisor

Renee Grohnke

Recreation Supervisor

Maria Wojcik

Front Office Administrator

Other Information

E-mail

info@midlothianparkdistrict.org

Facebook

Midlothian Park District

Instagram

midlothianparkdistrict

X

midlothianpark

Website

www.midlothianparkdistrict.org

Office Hours

Monday - Friday

5:30 a.m. - 9:00 p.m.

Saturday & Sunday

7:00 a.m. - 5:00 p.m.

ARC Fitness Center Hours

Monday - Friday

5:30 a.m. - 9:00 p.m.

Saturday & Sunday

7:00 a.m. - 5:00 p.m.

Park Locations

Athletic & Recreation Center

14500 S. Kostner

Bremen Heights Park

144th & Kenneth

Memorial Park

145th & Sawyer

Kostner Park

(Bellybutton Hill)

150th & Kostner

Roesner Park

149th & Springfield

Scout Park

148th & Kenton

Waverly Park

143rd & Waverly

Program Information:

- **Parent and child classes** require a parent or caregiver to participate in the class. These classes are a good way to get children out and meet other children with their parents.
- **Toddler Classes** are perfect for children to get out of their house and meet new people for the first time without their parents.
- Parents or guardians are not allowed in any class unless specified in the class description. Parents tend to be a distraction to the child and it helps the child gain a sense of independence in a fun, controlled environment.
- Please do not wait until the last minute to register for a class. The longer you wait, the greater chance the class could get cancelled!
- Refunds of 100% minus a \$5.00 service fee will be made if notified before the registration deadline. This does NOT apply to trips, day camp or leagues. Please see our website for a full list of refund policies.
- We occasionally take photographs or video of participants for promoting/advertising. If you (or your child) wish to not be photographed, please let the front desk know. The full policy can be found on our website.

Refund Policies

Requests for refunds can be made by calling or visiting the Midlothian Park District. Please review our refund policies below*:

- **Annual Fitness Memberships** - Refunds granted minus the pro-rated monthly membership rate
- **ARC Gym & Multipurpose Room Parties** - If notice is one month or less, there will be no refund of deposit or fees
- **ARC Gym/Turf Sport Rentals** - If notice is one week or less, there will be no refund of deposit or fees
- **ARC Kid's Birthday Parties** - If notice is two weeks or less, there will be no refund of deposit or fees
- **Day Camp** - 100% if notified before registration deadline, \$50.00 kept plus any pro-rated fees if after registration deadline
- **Leagues** - 100% if notified before deadline, 50% if one week past registration deadline, no refund after one week registration deadline
- **Lily Pad Parties** - If notice is two weeks or less, there will be no refund of deposit or fees
- **Multi-day Classes** - 100% if notified before the registration deadline, 50% if notified before second class meeting
- **One Day Programs** - No refunds after the registration deadline
- **Picnic Permits** - If notice is one month or less, there will be no refund of deposit or fees
- **Preschool** - \$50.00 fee kept plus pro-rated monthly fee (of applicable)
- **Trips** - No refunds after registration deadline

Full refunds will be given without penalty for cancellation initiated by the park district or illness with a doctor's note.

****Refund policies subject to change. For a full listing of all Midlothian Park District's Refund Policies, please visit www.midlothianparkdistrict.org****

Oops!!

There are times when errors are found or changes must be made to times, dates, days, registration requirements, instructors or fees. We apologize for any errors that may occur. We will advise you on the changes as soon as possible. The front office has a master copy of the brochure with all the changes on it. Thank you for your patience and understanding when these situations arise.

Registration Information

Registration is accepted on a first come, first served basis. If a program is filled, waiting lists will be formed. Every attempt will be made to accommodate people on these lists.

You can register either in person at the Athletic & Recreation Center or online on our website. Once on our site, click on Program Information and you will be taken to our online registration system. Please note that some programs are not available for online registration.

The entire fee must be paid at the time of registration unless otherwise specified. If payment is made by check, please make checks payable to Midlothian Park District. Any individual who submits non-sufficient funds check for payment will be charged any administrative costs we incur. In addition, all future registration fees must be paid by cash, certified check, or money order. We also accept credit cards.

Resident prices are subject to verification of residency. A driver's license or water bill is the best proof of residency. If you cannot prove that you are a Midlothian resident, you will be charged the non-resident rate.





START TODAY

The fitness center is located on the second floor of The Athletic & Recreation Center. This 2,500 square-foot fitness center has a variety of equipment, locker rooms while in a safe and clean environment.

MEMBERSHIP INFORMATION

Must be 16 years or older to enter the Fitness Center or Walking Track

13 - 15 year olds must be accompanied by a Parent or Guardian in the Fitness Center or Walking Track

Sign up two or more people in your household for a yearly membership and receive 5% off your total

PRICING

Membership Type	Fee
Yearly	\$199 R/\$249 NR
Monthly	\$19 R/\$29 NR
Senior (60+)	\$100 R/\$199 NR
Summer Student	\$50 R/\$75 NR
Daily	\$10 R/\$15 NR
Yearly Track	FREE* R/\$50 NR

**one time \$10 fee*

Beginning April 1, 2025 there will be a \$20 sign up fee for all monthly memberships

MEMBERSHIP AMENITIES

Excluding Track Members

- | | |
|-------------------|--------------------|
| Treadmills | TRX Trainer |
| Ellipticals | Squat Rack |
| Stair Climbers | Free Weights |
| Rowers | Stretching Area |
| Bikes | Locker Rooms |
| Circuit Equipment | Discounted Classes |

HOURS

Monday - Friday | 5:30 AM - 9:00 PM
 Saturday & Sunday | 7:00 AM - 5:00 PM

**Hours subject to change*

PERSONAL TRAINING

\$35.00 per 60 min session

16 & older

Available by appointments only

Carol Kaye & Erik Larkin



708-371-6191
 14500 S. Kostner Avenue
www.midlothianparkdistrict.org



REGISTRATION STARTS: MARCH 17

A \$75.00 deposit, per child, is due at the time of registration. All balances must be paid by June 1st. \$75.00 will be kept if withdrawn from camp. Before & After Care hours are non-refundable.



GRADES: Pre-School & Kindergarten

- Campers will be placed in group based on grade they are entering - Fall 2025
- Designated Splash Days
- T-Shirt included
- No camp June 19 & July 4

Groups	Weeks	Day/Date	Time	Price <small>(Resident/Non-Resident)</small>
PINK <i>Pre-School</i>	8 weeks	Tuesday & Thursday June 17 - August 7	9:00 - 11:30 am	\$280/\$320
	1st 4 weeks	Tuesday & Thursday June 17 - July 10	9:00 - 11:30 am	\$165/\$205
	2nd 4 weeks	Tuesday & Thursday July 15 - August 7	9:00 - 11:30 am	\$165/\$205
BLUE <i>Kindergarten</i>	8 weeks	Monday, Wednesday & Friday June 16 - August 8	9:00 am - 3:00 pm	\$440/\$480
	1st 4 weeks	Monday, Wednesday & Friday June 16 - July 11	9:00 am - 3:00 pm	\$270/\$310
	2nd 4 weeks	Monday, Wednesday & Friday July 14 - August 8	9:00 am - 3:00 pm	\$270/\$310

GRADES: 1st - 6th

- Campers will be placed in group based on grade they are entering - Fall 2025
- Designated Splash Days
- T-Shirt included
- No camp June 19 & July 4

Weeks	Day/Date	Time	Price <small>(Resident/Non-Resident)</small>
8 weeks <i>5 days</i>	Monday - Friday June 16 - August 8	9:00 am - 3:00 pm	\$690/\$730
1st 4 weeks <i>5 days</i>	Monday - Friday June 16 - July 11	9:00 am - 3:00 pm	\$395/\$435
2nd 4 weeks <i>5 days</i>	Monday - Friday July 14 - August 8	9:00 am - 3:00 pm	\$395/\$435
8 weeks <i>3 days</i>	Monday, Wednesday & Friday June 16 - August 8	9:00 am - 3:00 pm	\$440/\$480
1st 4 weeks <i>3 days</i>	Monday, Wednesday & Friday June 16 - July 11	9:00 am - 3:00 pm	\$310/\$395
2nd 4 weeks <i>3 days</i>	Monday, Wednesday & Friday July 14 - August 8	9:00 am - 3:00 pm	\$310/\$395

Groups
YELLOW <i>1st Grade</i>
RED <i>2nd Grade</i>
ORANGE <i>3rd Grade</i>
GREEN <i>4th Grade</i>
TEAL <i>5th Grade</i>
PURPLE <i>6th Grade</i>

BEFORE & AFTER CARE

- Before Care: 7:00 - 9:00 am
- After Care: 3:00 - 6:00 pm
- Before & After Care are non-refundable

10 Hours	25 Hours	50 Hours
\$80	\$130	\$180

For grades 1st - 6th only

CAMP KALEIDOSCOPE

Midlothian Park District



Pre-School 2025 - 2026



ABOUT OUR PROGRAM:

Class begins the week of September 8

Children will follow a curriculum that emphasizes new themes each week along with introducing new letters, shapes, colors, numbers, and name recognition all while in a fun and safe environment. Children will engage in fun and creative activities that will reinforce socialization and learning while working on gross and fine motor skills. Our program will have a number of themed events for the family to attend during and after classroom hours. Children entering our 3 and 4 & 5 year old program must be potty trained. For more information about our program or to view our Pre-School rooms, please contact Renee Grohne at 708-371-6191 ext. 109.



REGISTRATION GOING ON NOW!

REGISTRATION REQUIREMENTS:

- Children must be class age by September 1, 2025
- Birth Certificates are required at the time of registration
- You must come into the park district to register. Forms can be found on our website
- A \$50.00 fee will be kept if you withdraw from the program at anytime



Class	Days	Time	Full Payment (Resident/Non-Resident)	Monthly Payments (Resident/Non-Resident)
School Starters	Friday	9:00 - 10:00 am	\$340/\$390	\$46/\$56
2 year olds	Monday & Wednesday	9:00 - 10:30 am	\$520/\$572	\$66/\$76
2 year olds	Tuesday & Thursday	9:00 - 10:30 am	\$520/\$572	\$66/\$76
3 year olds	Tuesday & Thursday	9:00 - 11:30 am	\$831/\$884	\$100/\$110
4 & 5 year olds (Half Day)	Monday, Wednesday & Friday	9:00 - 11:30 am	\$1,411/\$1,463	\$168/\$178
4 & 5 year olds (Full Day)	Monday, Wednesday & Friday	9:00 am - 2:00 pm	\$2,112/\$2,162	\$246/\$256

Babysitters Club

A fun and informative class where aspiring babysitters learn the basics of childcare, safety, and engaging activities. From diaper changes to emergency preparedness, this course provides valuable skills and confidence for responsible babysitting!

Program #: S-415-01
 Instructor: Mrs. Jeanelle
 Location: ARC Meadow Room
 Day/Date: Tuesday/April 15 & April 22
 Time: 6:15 – 7:15 p.m.
 Age: 16 & older
 Min/Max: 5/10
 Fee: \$20.00 R & NR

Registration Deadline: April 8

Comfy Kids in Class

A gentle, fun-filled class designed to help toddlers get comfortable in a classroom setting. Through playful activities, stories, and songs, they'll build confidence, social skills, and a love for learning in a welcoming, stress-free environment! This is an independent class.

Program #: S-403-01
 Instructor: Mrs. Nelly
 Location: ARC Caterpillar Room
 Day/Date: Thursday/April 24 – May 15
 Time: 11:00 a.m. – 12:00 p.m.
 Age: 2 – 3 years
 Min/Max: 5/10
 Fee: \$40.00 R/\$45.00 NR

Registration Deadline: April 17

Slime Time

A hands-on class where kids explore the magic of slime! From mixing and stretching to creating different textures and colors, they'll enjoy sensory play while learning the fun science behind slime-making!

Program #: S-407-01
 Instructor: Mrs. Jeanelle
 Location: ARC Butterfly Room
 Day/Date: Tuesday/April 29
 Time: 5:30 – 6:30 p.m.
 Age: 4 – 6 years
 Min/Max: 5/10
 Fee: \$20.00 R/\$25.00 NR

Registration Deadline: April 22

New Friends/New Fun

A warm and welcoming playgroup where parents connect, share experiences, and build friendships while their kids explore, play, and meet new friends. A fun and social environment designed for both parents and little ones to engage, interact, and create lasting bonds!

Instructor: Ms. Rachel
 Location: ARC Caterpillar Room
 Day: Saturday
 Time: 9:00 – 10:00 a.m.
 Age: 1 – 2 with parent
 Min/Max: 5/10
 Fee: \$5.00 R & NR

Program #:	Date:	Registration Deadline:
S-401-01	April 19	April 12
S-401-02	August 23	August 16

Slime Lab: The Science of Slime

Come on little scientist, explore the chemistry behind slime! Kids will mix, stretch, and experiment with different textures while learning about polymers, reactions, and fun scientific principles—all through the magic of slime-making!

Program #: S-410-01
 Instructor: Mrs. Jeanelle
 Location: ARC Meadow Room
 Day/Date: Tuesday/April 29
 Time: 6:45 – 7:45 p.m.
 Age: 6 – 10 years
 Min/Max: 5/10
 Fee: \$20.00 R & NR

Registration Deadline: April 22

Interested in Teaching a Class or Being an Instructor Aide?

We are always looking to offer new programs and events at Midlothian Park District. If you have a special skill or talent you would like to share, please contact us at info@midlothianparkdistrict.org. Also, if there is something you would like to see offered, send us an e-mail and we will try and get the program offered in the future.

10 General Programs

Tay-Tay Fun Day

A Taylor Swift-themed class filled with singing, dancing, friendship bracelet-making, and creative crafts inspired by her iconic eras. Perfect for little Swifties to celebrate their love for Taylor in a fun and magical way!

Instructor: Ms. Carly
Location: ARC Prairie Room
Day/Date: Tuesday/May 20
Min/Max: 5/10
Fee: \$20.00 R/\$25.00 NR

Registration Deadline: May 12

Program #:	Time:	Age:
S-414-01	5:15 – 6:15 p.m.	6 – 10 years
S-414-02	6:30 – 7:30 p.m.	11 – 13 years

Folkloric Dance; Jalisco Dos

Folklorico, a dance style with as much complexity, variety, and history as the country of Mexico itself. In this installment, we learn the Folkloric dance of Jalisco, part dos! Nailing the basic footwork, or zapateado, is the first thing you'll learn as a folklorico dancer. Aside from the footwork, in many regions of Mexico, the manipulation of the skirt, or faldeo, is a key element for women. The length of the skirt, how high the dancer raises it, and the type of skirt work signal where the dance might be from. Additional purchase of shoes and a skirt is recommended by the instructor if planning to continue on with this class in the future. This is a co-ed class. Part 1 of this class is not necessary for the enrollment of this second installment.

Program #: S-412-01
Instructor: Elva Martinez
Location: ARC Prairie/River Room
Day/Date: Thursday/June 5 – June 26
Time: 6:15 – 7:15 p.m.
Age: 6 – 13 years
Min/Max: 5/10
Fee: \$30.00 R & NR

Registration Deadline: May 29

Fun Time Friday

A fun and engaging class where 3-5 year olds experience a school-like setting through play, songs, and structured activities, giving them a place to have fun and be a kid. Meanwhile, parents enjoy a well-deserved break!

Program #: S-404-01
Instructor: Mrs. Nelly
Location: ARC Caterpillar Room
Day/Date: Friday/May 23 & May 30
Time: 11:00 a.m. – 12:00 p.m.
Age: 3 – 5 year olds
Min/Max: 5/10
Fee: \$30.00 R/\$35.00 NR

Registration Deadline: May 16

Kitchen Kids – Desserts

A sweet and fun-filled class where kids get hands-on experience making delicious desserts. From mixing to decorating, they'll explore creativity in the kitchen and enjoy a tasty treat they made themselves!

Instructor: Mrs. Jeanelle
Location: ARC Forest Room
Day/Date: Tuesday/June 10 – July 1
Min/Max: 5/10
Fee: \$50.00 R/\$55.00 NR

Registration Deadline: June 3

Program #:	Time:	Age:
S-408-01	5:15 – 6:15 p.m.	4 – 6 years
S-408-02	6:30 – 7:30 p.m.	7 – 10 years

Sparkle Your Stanley

In this creative, hands-on class, kids will personalize their Stanley cups with rhinestones, glitter, and fun decorations. Bring your cup to life with sparkle and style while enjoying a fun and social crafting experience! We have the sparkle; you bring your Stanley cup.

Instructor: Ms. Valentina
Location: ARC Meadow Room
Day/Date: Wednesday/June 11
Min/Max: 5/10
Fee: \$20.00 R/\$25.00 NR

Registration Deadline: June 4

Program #:	Time:	Age:
S-411-01	5:15 – 6:15 p.m.	6 – 10 years
S-411-02	6:30 – 7:30 p.m.	11 – 13 years

Ooey Goo Go Time

Messy Play Sensory Fun! In this hands-on class, toddlers can explore colors, textures, and creativity through safe, squishy, and ooey goo play. Perfect for little hands to develop fine motor skills and sensory exploration in a fun, engaging environment!

Program #: S-402-01
 Instructor: Ms. Rachel
 Location: ARC Caterpillar Room
 Day/Date: Saturday/June 14
 Time: 9:00 – 10:00 a.m.
 Age: 1 – 2 w/parent
 Min/Max: 5/10
 Fee: \$15.00 R/\$20.00 NR

Registration Deadline: June 7

Park Art

A vibrant, hands-on class where participants explore their creativity through painting, drawing, and crafts; all inspired by nature! With fresh air, sunshine, and endless artistic possibilities, it's the perfect way to make art come to life in the great outdoors! Participants will be painting a summer scape of florals. Supplies included.

Program #: S-416-01
 Instructor: Nina Runcio
 Location: Bremen Heights Park
 Day/Date: Thursday/June 26
 Time: 6:15 – 7:15 p.m.
 Age: 10 & Up
 Min/Max: 5/10
 Fee: \$25.00 R & NR
 Registration Deadline: June 19

Superheroes and Royalty

A magical dress-up adventure where kids become their favorite superheroes or princesses! Through role-playing, coloring, and interactive activities, they'll spark creativity, build confidence, and have tons of fun in a world of imagination!

Instructor: Mrs. Jeanelle
 Location: ARC Butterfly Room
 Day/Date: Monday/August 4
 Min/Max: 5/10
 Fee: \$15.00 R/\$20.00 NR

Registration Deadline: July 28

Program #:	Time:	Age:
S-406-01	5:30 – 6:30 p.m.	3 – 5 years
S-406-02	6:45 – 7:15 p.m.	4 – 6 years

Snuggle Buds

A magical class where kids create their very own cuddly pal. From stuffing to decorating, they'll enjoy a hands-on experience while fostering creativity and fine motor skills, ending with a new snuggly friend to take home!

Program #: S-405-01
 Instructor: Mrs. Jeanelle
 Location: ARC Caterpillar Room
 Day/Date: Tuesday/June 17
 Time: 5:30 – 6:30 p.m.
 Age: 3 – 5 year olds
 Min/Max: 5/10
 Fee: \$25.00 R/\$30.00 NR

Registration Deadline: June 10

Ice Cream, You Scream!

We all scream for ICE CREAM! In this fun, hands-on class kids will make their own ice cream while discovering the science behind it. From mixing ingredients to freezing techniques, they'll enjoy a sweet treat and a cool learning experience!

Program #: S-413-01
 Instructor: Mrs. Jeanelle
 Location: ARC Forest Room
 Day/Date: Tuesday/July 22
 Time: 5:30 – 6:30 p.m.
 Age: 6 – 10 years
 Min/Max: 5/10
 Fee: \$25.00 R/\$30.00 NR

Registration Deadline: July 14

Build and Take – Lego Fun

A creative class where kids design and build their own awesome LEGO creations. With endless possibilities, they'll explore imagination and problem-solving; plus, they get to take their masterpiece home!

Program #: S-409-01
 Instructor: Mrs. Jeanelle
 Location: ARC Butterfly Room
 Day/Date: Monday/August 18
 Time: 5:30 – 6:30 p.m.
 Age: 4 – 6 years
 Min/Max: 5/10
 Fee: \$25.00 R/\$30.00 NR

Registration Deadline: August 11

12 Adult General Programs

Lunch Club

Come out and enjoy lunch while meeting new friends. The Midlothian Park District holds monthly lunches at the Athletic & Recreation Center. We will start the day with music and puzzles as we get ready for a delicious lunch provided by a local restaurant. Finish the day with Raffle and conversation. Bring a friend or two and enjoy the afternoon with the park district's friendly staff!

Must register one week before luncheon.

No refunds after the registration deadline.

Telephone registration accepted with a credit card.



Location: ARC Prairie/River Room
Day: Wednesday
Time: Doors open at 10:00 a.m.
Lunch served at 11:00 a.m.
Age: 18 & older
Fee: \$9.00 R & NR

Program #:	Date:	Restaurant:
S-205-01	April 9	Culver's
S-205-02	May 14	Just Kabobs
S-205-03	June 11	Kenootz
S-205-04	July 9	TBD
S-205-05	August 13	Gum Wah

Tech for Sen-agers

A friendly, easy-to-follow class designed to help seniors navigate smartphones, tablets, and computers with confidence. From texting and video calls to internet safety and apps, this hands-on class makes technology simple, useful, and fun!

Program #: S-418-01
Instructor: Joseph Horvath
Location: ARC Prairie/River Room
Day/Date: Saturday/April 26
Time: 9:00 – 10:00 a.m.
Age: 55 – older
Min/Max: 5/10
Fee: Free

Registration Deadline: April 19

Parental Guidance

A crucial class led by local police, teaching awareness and prevention strategies to recognize suspicious behavior, both online and in-person. Learn how to stay vigilant, protect yourself and loved ones, and respond to potential threats safely.

Program #: S-419-01
Instructor: Midlothian Police Department
Location: ARC Prairie/River Room
Day/Date: Thursday/August 14
Time: 6:15 – 7:15 p.m.
Age: Parents only
Min/Max: 5/10
Fee: Free

Registration Deadline: August 14

Medicare Review

Come out and learn what you need to know about Medicare in this informative class. Participants will learn what their rights and entitlements are, how to enroll in Medicare, and what Medicare does and does not cover. This class will also cover Medicare Advantage and Medicare Supplements Insurance. This is for anyone already on Medicare or disability. This class is FREE to the public. Please bring your current policies or questions to the class.

Location: ARC Prairie/River Rooms
Day: Wednesday
Time: 9:00 – 10:00 a.m.
Age: 50 & older
Min/Max: 5/20
Fee: FREE

Registration Deadline: One week prior to class

Program #:	Date:
S-422-01	April 16
S-422-02	May 21
S-422-03	June 18
S-422-04	July 16
S-422-05	August 20

Adult General Programs 13

Financial Workshops – Life Insurance & Annuity Workshop

PHP AGENCY (People Helping People)-We are an FMO (Financial Marketing Organization) representing over a dozen different Life Insurance carriers. Our mission is simple - it's to reshape and inspire the mindsets of individuals through free enterprise, in hopes to eradicate racial wealth inequalities, by introducing the middle class and minorities to entrepreneurship.

Instructor: Tracey Brooks
Location: ARC Prairie/River Room
Age: 21 & older
Min/Max: 5/10
Fee: Free

Program #:	Workshop:	Day/Date:	Time	Registration Deadline:
S-421-01	Retirement	Friday/May 23	6:00 – 7:00 p.m.	May 16
S-420-01	Life Insurance & Annuity	Tuesday/May 27	1:00 – 2:00 p.m.	May 20
S-420-02	Life Insurance & Annuity	Tuesday/July 22	1:00 – 2:00 p.m.	July 15
S-421-02	Retirement	Friday/July 25	6:00 – 7:00 p.m.	July 18

Scam Alert

A valuable class where a member of our own Police Department share expert advice on spotting scams, avoiding fraud, and protecting yourself from online and phone scams. Learn real-world tips to stay safe and secure in today's digital world.

Program #: S-417-01
Instructor: Midlothian Police Department
Location: ARC Prairie/River Room
Day/Date: Thursday/August 7
Time: 6:15 – 7:15 p.m.
Age: 16 – older
Min/Max: 5/10
Fee: Free

Registration Deadline: July 31



Don't Wait to Register!!

All programs require a minimum number of participants. If we don't meet these minimums, we have to cancel the program. The best way to avoid a program being cancelled is to sign up as soon as you are interested in it so we meet the minimum and don't have to cancel!

14 Trips

Murder Mystery at Jacob Henry Mansion

Join the Dunn family for the mafia wedding of the century! Don your best 1920's wedding attire for the Don and his goons. This show will have you in stitches... especially if you're a snitch! Fee includes lunch, show, tour, and transportation. Bus departs from Midlothian Park District, 14500 S. Kostner.

Program #: W-306-01
Location: Joliet, Illinois
Day/Date: Thursday/April 10
Time: 10:30 a.m. – 2:45 p.m.
Age: All Ages (under 18 must be with an adult)
Min/Max: 10/13
Fee: \$90.00 R & NR

Registration Deadline: March 26

The Radium Girls of Ottawa Tour

This tour will immerse you in the daily lives of the young women and girls who worked at Radium Dial Corp and help you understand their journey from enthusiastic new employees to ailing skeptics of the company's deceit, and ultimately, to courageous advocates for civil, women's and human rights. After the tour, we will stop for lunch at The Cheese Shop. Fee includes transportation, tour and lunch. Bus departs from Midlothian Park District, 14500 S. Kostner.

Program #: S-303-01
Location: Ottawa, Illinois
Day/Date: Tuesday/June 17
Time: 8:30 a.m. – 3:00 p.m.
Age: All Ages (under 18 must be with an adult)
Min/Max: 20/25
Fee: \$105.00 R & NR

Registration Deadline: June 1

Pierogi Fest

Take a trip to Whiting, Indiana for their annual Pierogi Fest! Walk the streets of downtown Whiting where you will eat great food, play games and enjoy drinks. Admission is free. Fee includes transportation only. Bring money for purchases and wear your walking shoes! Bus departs from Midlothian Park District, 14500 S. Kostner.

Program #: S-304-01
Location: Whiting, Indiana
Day/Date: Friday/July 25
Time: 10:00 a.m. – 3:00 p.m.
Age: All Ages (under 18 must be with an adult)
Min/Max: 20/25
Fee: \$50.00 R & NR

Registration Deadline: July 17

Baseball, Buffet and BINGO!

Come spend a spring afternoon with Midlothian Park District and the Chicago White Sox! We will start the day with an all-you-can-eat buffet consisting of chicken, ribs, hamburgers, salad, beer, soft drinks and more! Next we will play multiple games of Bingo in the patio area and finish off the day watching the Chicago White Sox take on the Seattle Mariners. Fee includes buffet, bingo, game ticket and transportation. **Please note that non-clear bags larger than 9"X5"X2" are not allowed. Bus departs from Midlothian Park District, 14500 S. Kostner.

Program #: S-301-01
Location: Chicago, Illinois
Day/Date: Wednesday/May 21
Time: 10:15 a.m. – 5:00 p.m.
Age: 21 – adult
Min/Max: 20/25
Fee: \$110.00 R & NR

Registration Deadline: April 30



Thrift Store Tour

One man's trash is another man's treasure! Join us as we visit various thrift stores throughout the area. Search the aisles looking for that hidden gem that you can brag about to your friends. After a morning of thrifting, we will stop for lunch at Bartolini's. At lunch we will decide who found the best deal! Bus departs from Midlothian Park District, 14500 S. Kostner.

Program #: S-305-01
Location: Various
Day/Date: Tuesday/August 19
Time: 9:30 a.m. – 2:30 p.m.
Age: All Ages (under 18 must be with an adult)
Min/Max: 20/25
Fee: \$55.00 R & NR

Registration Deadline: August 10

Tae Kwon Do

Come take a journey, with Master Grove into the exciting world of Tae Kwon Do. Experience the coordination, balance and stamina that comes from kicking, jumping, building stances and self-defense techniques of the most popular martial art in the world! When your skills are prepared you will be given the exciting opportunity to achieve new belt ranks. \$10.00 late fee if you register after the first day of class.

Instructor: Dexter Grove
 Location: ARC Prairie/River Room
 Day: Monday & Wednesday
 Min/Max: 5/40
 Fee: \$90.00 R/\$100.00 NR (per month)

Registration Deadline: One week prior to start date



5 – 12 years

Program #:	Dates:	Time:
S-100-01	April 2 – April 30	6:30 – 7:30 p.m.
S-100-02	May 5 – May 28	6:30 – 7:30 p.m.
S-100-03	June 2 – June 30	6:30 – 7:30 p.m.
S-100-04	July 2 – July 30	6:30 – 7:30 p.m.
S-100-05	August 4 – August 27	6:30 – 7:30 p.m.

13 – adult

Program #:	Dates:	Time:
S-101-01	April 2 – April 30	7:30 – 8:30 p.m.
S-101-02	May 5 – May 30	7:30 – 8:30 p.m.
S-101-03	June 2 – June 30	7:30 – 8:30 p.m.
S-101-04	July 2 – July 30	7:30 – 8:30 p.m.
S-101-05	August 4 – August 27	7:30 – 8:30 p.m.

All 3s Basketball Camp

Join us as we begin a new era of basketball training and development at the Midlothian Park District. In this program we will focus on basketball fundamentals as we work to build Midlothian's basketball community. We aim to design a training program that starts learning the basics first, while building skill sets as we progress. We will work hard on instilling players with a great work ethic, confidence and leadership. This program will end the month with a 3v3 tournament. In this tournament players will have the chance to show off their skill set and any improvements that have been made to their game. Gifts and prizes will be awarded to players based off their performance during the tournament as well as overall development.

Instructor: Eugene Gaines
 Location: ARC Gymnasium
 Day: Friday
 Min/Max: 6/24
 Fee: \$85.00 R/\$95.00 NR

Registration Deadline: One week prior to start date

4 – 8 years

Program #:	Dates:	Time:
S-103-01	May 16 – June 6	5:30 – 6:30 p.m.
S-103-02	July 11 – August 3	5:30 – 6:30 p.m.

9 – 13 years

Program #:	Dates:	Time:
S-103-03	May 16 – June 6	6:45 – 7:45 p.m.
S-103-04	July 11 – August 3	6:45 – 7:45 p.m.

16 Athletic Programs

Boxing Class

Our class gives participants the opportunity to learn self-defense, the basic fundamentals of boxing, building self-confidence, and also strength and conditioning training. In addition, our class teaches the importance of discipline and why it's important to apply it in their day to day life. It is also a great way to get in shape!

Instructor: Victor Wade
Location: ARC Prairie/River Room
Day: Friday
Age: 8 – 18 years
Min/Max: 5/30
Fee: \$75.00 R/\$85.00 NR

Registration Deadline: One week prior to start date

Program #:	Dates:	Time:
S-102-01	April 4 – April 25	7:15 – 8:15 p.m.
S-102-02	May 2 – May 23	7:15 – 8:15 p.m.
S-102-03	May 30 – June 20	7:15 – 8:15 p.m.
S-102-04	June 27 – July 25	7:15 – 8:15 p.m.
S-102-05	August 1 – August 22	7:15 – 8:15 p.m.

Skyhawks Flag Football Camp

Dive into the excitement with Skyhawks Flag Football! This program teaches passing, receiving, kicking, and flag pulling, all while emphasizing heart and spirit. Participants gain confidence and learn life lessons like teamwork and leadership in a fun, supportive environment. Suit up and join us for a game where everyone wins!

Instructor: Skyhawks Sports Academy
Location: Bremen Heights Park/ARC Turf
Day/Date: Tuesday/June 24 – July 15
Min/Max: 6/20
Fee: \$85.00 R/\$90.00 NR

Registration Deadline: June 17

Program #:	Time:	Age:
S-113-01	5:30 – 6:20 p.m.	4 – 6 years
S-113-02	6:30 – 7:20 p.m.	7 – 9 years
S-113-03	7:30 – 8:20 p.m.	10 – 13 years

Skyhawks Soccer Camp

Kickstart your child's soccer journey with Skyhawks Soccer! This program boosts young athletes by teaching key skills like dribbling, passing, shooting, and ball control. Each session focuses on enhancing abilities while instilling teamwork and sportsmanship. Your child will improve their soccer skills and embrace the game's spirit. Join us to grow and score!

Instructor: Skyhawks Sports Academy
Location: Bremen Heights Park/ARC Turf
Day/Date: Monday/June 2 – June 23
Min/Max: 6/20
Fee: \$85.00 R/\$90.00 NR

Registration Deadline: May 19

Program #:	Time:	Age:
S-111-01	5:30 – 6:20 p.m.	4 – 6 years
S-111-02	6:30 – 7:20 p.m.	7 – 9 years
S-111-03	7:30 – 8:20 p.m.	10 – 13 years

Skyhawks Multi-Sport Camp

Dive into Skyhawks Multi-Sport! Perfect for kids eager to try various sports, this program teaches essential skills and rules across different games. Beyond skill development, participants learn sportsmanship and teamwork, making new friends and memories. Each day is a new, exciting adventure!

Instructor: Skyhawks Sports Academy
Location: ARC Gymnasium
Day/Date: Tuesday/August 19 – September 23
Min/Max: 6/20
Fee: \$110.00 R/\$115.00 NR

Registration Deadline: August 12

Program #:	Time:	Age:
S-115-01	5:30 – 6:20 p.m.	4 – 6 years
S-115-02	6:30 – 7:20 p.m.	7 – 9 years
S-115-03	7:30 – 8:20 p.m.	10 – 13 years

Skyhawks Basketball Camp

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

Instructor: Skyhawks Sports Academy
 Location: ARC Gymnasium
 Day/Date: Monday/July 21 - August 11
 Min/Max: 6/20
 Fee: \$85.00 R/\$90.00 NR

Registration Deadline: July 14

Program #:	Time:	Age:
S-110-01	5:30 – 6:20 p.m.	4 – 6 years
S-110-02	6:30 – 7:20 p.m.	7 – 9 years
S-110-03	7:30 – 8:20 p.m.	10 – 13 years

Sandlot Slugger League (Coach Pitch/T-Ball)

The Sandlot Slugger League is back and we are so excited to see all of the new and returning faces this year! This recreational T-Ball/Coach Pitch program is offered to youth ages 4 to 8 years old. Players must be of age by January 1, 2025. Birth Certificates are required for all players at the time of registration. This program will help develop fundamental skills such as hitting, fielding, and baserunning. We keep three goals consistent with this league: learn the game, develop their skills and have fun! With fun team names like Sandlot Beasts, Flyers, Bambinos and more there is so much to love and get involved with. Games will be played at the Midlothian ARC Ball Fields. Practices will occur once per week during the weekday evenings. Games will be played on Thursday nights. You must provide your child with a glove but a jersey and hat will be provided. Opening day will be May 8.

Location: ARC Ball Fields
 Dates: April – July
 Min/Max: 8/10 per team
 Fee: \$90.00 R/\$100.00 NR

Registration Deadline: April 10
 (\$10.00 Late fee after April 10, no registration taken after April 17)

Program #:	Division:	Age:
W-123-01	T-Ball	4 – 6 years
W-123-02	Coach Pitch	7 – 8 years

Fall Men's ASA 12" Softball League

There is nothing better than softball in the Fall! Join one of Midlothian's longest standing leagues where each week, teams will play double headers against the same team. A \$50 NON-REFUNDABLE deposit is due at the time of registration and the entire fee is due at the Captain's Meeting. There will be a MANDATORY Captain's Meeting on Wednesday, August 6. If you cannot attend, you must send a representative in your place.

Program #: S-122-01
 Location: Memorial Park Fields
 Day/Date: Wednesdays beginning August 6
 Time: 6:45 p.m.
 Min/Max: 8/11
 Fee: \$750.00 R & NR

Registration Deadline: April 9

Adult Softball Registration Information

Priority Registration: April 21 – April 27
 New Team Registration: Begins April 28

Those teams who played in Fall 2024 but not the Summer of 2024, will NOT be able to register during Priority Registration. Only teams who played in the Summer of 2024, will be allowed to register during Priority Registration.



Volunteer Coaches Needed!!

We are looking for people to coach Sandlot Slugger League teams. Please call (708) 371-6191 if you are interested.

As a "Thank You" at the end of the season, one Head Coach receives a 50% refund and one Assistant Coach receives a 25% refund of the program fee (per team coached)!

18 Fitness & Open Gym/Pickleball

Active Agers

Live healthy, live happy! The various light exercises taught will help to increase flexibility, circulation, strength, and balance to name a few. Come join this class that welcomes all fitness levels and will benefit total body health by utilizing chairs, bands, rings and light weights.

Boost, Power, Blast!

Intervals of Cardio, Strength, Stretching and flexibility stations using benches, bars, weights, balls, and resistance bands. Join us for this high energy, full body strength class!

Mat Pilates

This low impact class flows through 50 minutes of dynamic floor exercises using resistance bands and rings. The workout helps build, sculpt, and tone the muscles of your core resulting in more flexibility, increased balance, and a lean physique.

Stretch & Flexibility

Turn back time with movement! Increase your flexibility and range of motion, improve your posture and improve your balance all with some instructor led stretching. Learn how to move in a way that is smart, efficient all while reducing your risk of injury and feeling younger! Move better and feel healthier!

Yoga

Cleanse and strengthen your mind and body! Enjoy Hatha yoga which focuses on poses, control of breathing and relaxation in a calm, stress-free environment. This class is designed for both beginners and those with experience. Please bring a yoga mat and wear comfortable clothes.

Zumba

Can you have fun while working out at the same time? Lose yourself in various rhythms around the world including salsa, merengue, reggaeton, bachata, hip-hop, and more! Formatted for all levels of fitness, this program is designed to increase your cardiovascular fitness and tone your body all while having fun! No dance skills required.

Open Gym/Turf

We have Open Gym and Open Turf for you to come in and play. Open Gym/Turf Cards are required for ages 10 and older and anyone under 18 must have a parent/guardian come in to purchase the card. Cards are \$20.00 for Residents and \$50.00 for Non-Residents. Please check our website for days/times.

Pickleball

Come join the latest craze of Pickleball. Only the courts and nets are provided, please bring your own equipment. This is open play only.

Tuesdays – 8:00 AM – 12:00 PM (2 courts)

Thursdays – 5:30 PM – 7:30 PM (2 courts)

Sunday – 9:00 AM – 11:00 AM (1 court)

These times are subject to change, should we have party rentals, events, etc.

Please help us keep the courts clean during this rainy and wet season by bringing separate shoes if you can.

The fee is \$10.00 per month or \$50.00 per year.

Fitness & Personal Training 19

Fitness Class Information

Class	Program #	Instructor	Day	Dates	Time	Price
Active Agers	S-502-01	Carol Kaye	MO/FR	May 5 – June 30 <i>No class May 26</i>	10:30 – 11:30 a.m.	\$100.00 Member/\$110.00 Non-Member
Active Agers	S-502-02	Carol Kaye	MO/FR	July 7 – August 29	10:30 – 11:30 a.m.	\$100.00 Member/\$110.00 Non-Member
Boost, Power, Blast	S-505-01	Carol Kaye	SA	May 3 – June 28	8:30 – 9:30 a.m.	\$50.00 Member/\$55.00 Non-Member
Boost, Power, Blast	S-505-02	Carol Kaye	SA	July 12 – Sept. 6	8:30 – 9:30 a.m.	\$50.00 Member/\$55.00 Non-Member
Mat Pilates	S-501-01	Carol Kaye	MO	May 5 – June 30 <i>No class May 26</i>	5:15 – 6:15 p.m.	\$50.00 Member/\$55.00 Non-Member
Mat Pilates	S-501-02	Carol Kaye	MO	July 7 – August 25	5:15 – 6:15 p.m.	\$50.00 Member/\$55.00 Non-Member
Mat Pilates	S-501-03	Carol Kaye	WE	May 7 – July 2	5:15 – 6:15 p.m.	\$50.00 Member/\$55.00 Non-Member
Mat Pilates	S-501-04	Carol Kaye	WE	July 9 – August 27	5:15 – 6:15 p.m.	\$50.00 Member/\$55.00 Non-Member
Stretch & Flexibility	S-503-01	Carol Kaye	WE	May 7 – July 2	9:15 – 10:15 a.m.	\$50.00 Member/\$55.00 Non-Member
Stretch & Flexibility	S-503-02	Carol Kaye	WE	July 9 – August 27	9:15 – 10:15 a.m.	\$50.00 Member/\$55.00 Non-Member
Yoga	S-500-01	Beth Robinson	TU	May 13 – June 17	6:00 – 7:00 p.m.	\$43.00 Member/\$48.00 Non-Member
Yoga	S-500-02	Beth Robinson	TU	July 8 – August 12	6:00 – 7:00 p.m.	\$43.00 Member/\$48.00 Non-Member
Zumba*	S-504-01	Sandra Kwarteng	TU	April 1 – May 27	6:30 – 7:15 p.m.	\$80.00 Member/\$90.00 Non-Member
Zumba*	S-504-02	Sandra Kwarteng	TU	July 8 – August 26	6:30 – 7:15 p.m.	\$80.00 Member/\$90.00 Non-Member
Zumba*	S-504-04	Sandra Kwarteng	TH	July 10 – August 28	6:30 – 7:15 p.m.	\$80.00 Member/\$90.00 Non-Member

*Drop in available for \$10.00R/\$15.00 NR



Carol Kaye, Allen Force Personal Trainer
Specializes in working with seniors, Veterans & disabled Veterans
Availability (by appointment):
Monday – Friday/12:00 – 7:00 p.m.
Saturday & Sunday/7:00 a.m. – 3:00 p.m.
Will also train in groups of 2

Personal Training
\$35.00 per 60 minute session
16 & older
May purchase up to
4 sessions at a time



Erik Larkin, Personal Trainer
Specializes in Strength & Conditioning,
Muscle/Mass Building & Weight Loss
Availability (by appointment):
Monday – Friday/5:00 – 9:00 p.m.

MIDLOTHIAN PARK DISTRICT UPCOMING EVENTS

APRIL

PICTURES WITH THE BUNNY

Monday, April 7 | 5:30 - 8:00 pm
The Athletic & Recreation Center
\$3 per printed photo/\$5 per digital photo

SPRING HOP AROUND DANCE

Friday, April 11 | 6:30 - 8:30 pm
The Athletic & Recreation Center
\$15 per person

MAY

HONKY TONK HOEDOWN DANCE

Saturday, May 17 | 5:30 - 8:30 pm
The Athletic & Recreation Center
\$12 per person

JUNE

CONCERT IN THE PARK - MY 80'S BAND

Thursday, June 5 | 6:30 - 8:00 pm
Memorial Park
FREE EVENT

CONCERT IN THE PARK - JAYWALKERS JAM BAND

Thursday, June 12 | 6:30 - 8:00 pm
Memorial Park
FREE EVENT

CONCERT IN THE PARK - THE SMILEY TILMAN BAND

Thursday, June 26 | 6:30 - 8:00 pm
Memorial Park
FREE EVENT

JULY

FAMILY SPLASH NIGHT

Friday, July 11 | 7:00 - 8:30 pm
The Lily Pad
\$2 R/\$4 NR per child

AUGUST

MOVIE IN THE PARK

Friday, August 1 | Dusk
Bellybutton Hill
FREE EVENT

SEPTEMBER

DOG PAW-TY AT THE LILY PAD

Friday, September 5 | 6:00 - 7:00 pm
The Lily Pad
\$2 R/\$4 NR per dog

